

Training for the Riding & Road Safety Achievement Badge

It is recommended that all candidates receive a minimum of **5 hours training** before being put forward for the Achievement Badge. We suggest that you base your training around the information found in the **Junior Road Rider book published by the Pony Club**.

At the end of training we would expect candidates to be able to demonstrate to the examiner that they can:

- Dress themselves and their ponies correctly for riding on the road
- Carry out the necessary checks before riding (tack shoes etc)
- Recognise and talk about common signs, road markings and the sequence of traffic lights
- Describe and demonstrate on the simulated road route the "four point routine"
- Be able to ride safely around a simulated road route that has a minimum of 3 left turns, 3 right turns, a Stop and a Give Way sign, a hazard, traffic lights and the opportunity to show a short trot.
- Show that they can dismount, lead and remount correctly. (Leading from the offside)

Session 1 Theory Training (including Video)
What to wear
Dismounted Signalling, the four point routine, and other signals e.g. thank you
Recognition of at least 6 Signs and associated road markings

Session 2 Review Session 1
Checks to be carried out (horse tack and rider)
General positioning on the road, defensive riding and riding in pairs
Mounted signalling practice
Emergency dismount, lead and remount

Session 3 Review session 1 & 2
Mounted signalling practice
Introduction to riding stop and give way junctions
Traffic lights
Simple roundabouts

Session 4 Review session 1, 2 & 3
Mounted practice riding a simulated route containing some or all aspects required for the test

Session 5 Final training session
Mounted practice riding a simulated road route that contains all the hazards etc found in the test (see above)

Sources of reference: Reading Material for Instructors and Candidates

Instructor: The Highway Code & The British Horse Society Riding and Roadcraft Manual
Candidate: Junior Road Rider

Sources of reference: Video

Ride Safely (Pony Club Video)
Horsensense Roadcraft for the Rider (BHS Video)